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The Weekly Ringer

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Men's rugby makes a pass at victory through rain or shine.

While UMW's scrimmage against the Rappahannock Rugby Club was rained out, the Eagles still gave it their all.

@rrfc_golden_boars / Instagram

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Corrections

Due to writer error, a Sept. 4 article titled "Want more school spirit at Mary Washington? Start giving students a reason to actually show up" incorrectly spelled Jaya Lundy's first name. This has been corrected online.

Due to writer error, a Sept. 4 article titled "President Trump's new One Big Beautiful Bill threatens student financial aid at UMW" incorrectly spelled Mia Guillie's last name. This has been corrected online.

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Bell tower logo designed by Bernadette D'Auria '22

New food studies minor introduced as one of UMW's most interdisciplinary programs

ANN KARR
Staff Writer

Food is something that everyone interacts with every day, but there is a lot more to it than just what we eat. Food can connect to culture, business, the environment, social justice and even the way communities come together.



The new food studies minor is designed to complement all areas of studies at UMW. Through the minor program, students analyze food through several different perspectives. *Meaghan Van Dyke / The Weekly Ringer*

"The food studies minor is for anybody who has a passion about food, in every sort of iteration."

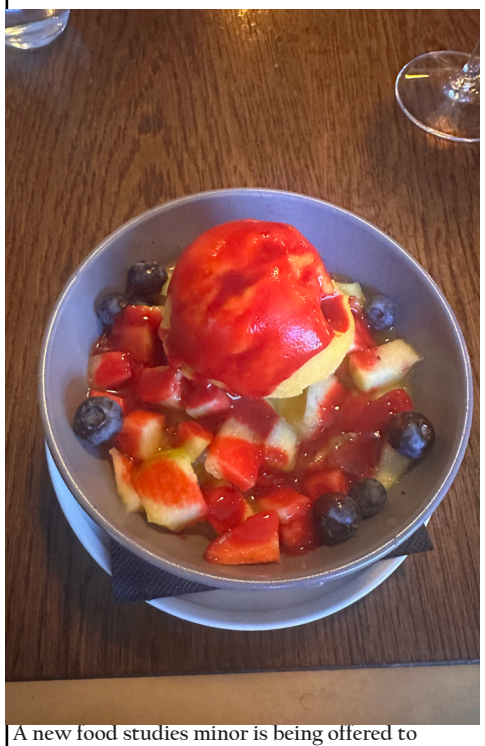
- Krystyn Moon

This fall, the University of Mary Washington is giving students a new way to explore those connections with its new food studies minor.

"The food studies minor is for anybody who has a passion for food, in every sort of iteration," Professor of History and American Studies Krystyn Moon said. "It really is to complement what students are doing in their majors and just taking it in a new direction."

The minor was created from the existing food studies courses across departments. Instead of having these classes spread across different departments, faculty members saw an opportunity to bring them together.

"We noticed that we had already actually quite a number of courses on the books that dealt with food and we thought, why not basically package what we already have," said Associate Professor of German Marcel Rotter.



A new food studies minor is being offered to students. *Meaghan Van Dyke / The Weekly Ringer*

The minor took over a year to develop. Moon said part of that process involved figuring out what food-related courses were already being offered and finding ways to connect faculty members who research food but may not necessarily teach about it.

"I think for somebody in any of our science departments or some of our business students, I think it would be awesome."

- Ashlyn Diederich

The program eventually brought together faculty from departments including business, biology, sociology, history, American studies, environmental science and modern foreign languages.

Students completing the minor will take one core course, American Foodways, along with electives from different departments. Other classes allow students to look at food through topics such as food waste, business, culture and the environment. One example is Alleviating Food Waste, a class taught by Associate Professor of Business Kashef Majid.

Ashlyn Diederich, a graduate student, took Alleviating Food Waste and said she enjoyed learning about food waste outside of a traditional classroom setting.

"I learned a lot in that class that I had never really thought about. I didn't realize how much, as a world, we could reduce food waste so much," Diederich said.

The class included guest speakers, volunteering opportunities and a project where students made food using expired ingredients and shared what they learned at the Fredericksburg Co-op.

"I could see a lot of students using that to bolster their careers," Diederich said. "I think for somebody in any of our science departments or some of our business students, I think it would be awesome."

For Rotter, that is part of what makes the minor unique. All types of students can participate in the program while catering to their interests. A biology student could look at nutrition, while a sociology student could study food deserts. A student studying a foreign language could explore food and culture.

"I think you know it can accentuate their major or minor, whatever they have to show that they dug a little bit deeper into one aspect of their major, so that would probably help them also to be more marketable these days," Rotter said.

Moon also hopes the minor will help students understand food as more than just nutrition. "Food is one of the most important ways we bring meaning to our lives," she said.

Although the minor is new, faculty members are already thinking about where it could go next. Both Moon and Rotter said they hope food studies could eventually become a major at UMW.

"At other schools, not only do they have majors, they have master's programs and PhDs," Moon said. "I think that would be an amazing thing if we could move in that direction."

For now, the new minor gives students another way to look at something that is already a major part of everyday life. Whether students are interested in food waste, business, culture, science, or social justice, food studies gives them a chance to explore how all of those things can connect back to food.

Mary Washington's upcoming eyesore: The new theatre building is visually tasteless and depreciates campus

DEYSON MORKEN
Staff Writer

There is no doubt the new UMW theatre building is an exciting project. It'll provide students and faculty with much-needed performance space, classrooms and study spaces. However, many other students and I find the building's appearance to be distasteful.

To understand why, we need to look back at the history of our campus. UMW has traditionally been an inward-facing campus. However, with the construction of the new theatre building, the campus will now begin to face outward toward the community.

This isn't an inherently bad thing; it will help draw members of our greater community in to see what our campus has to offer. However, this presents its own issues, issues that lie in the building's design.

Architecturally speaking, the building sticks out like a sore thumb when compared to other buildings on campus."

– Deyson Morken

The most prevalent issue is its blatant ignorance of the precedent set by the buildings that came before it. Architecturally speaking, the building sticks out like a sore thumb when compared to other buildings on campus.

The modern design is sleek and attractive, but all the other buildings on campus have a more Jeffersonian architectural style, which this building completely ignores. It appears they thought constructing the building out of bricks similar to other UMW buildings would be enough to fool us. They were wrong.



Mary Washington has fallen victim to the mirage of modernity and is consequently losing its historic edge. *Deyson Morken / The Weekly Ringer*

Another issue with the building's design, one that lies in its modern design, is the dynamic expression-catching facade on the front side of the building. By design, this facade is supposed to reflect and shield the sun during the day. However, I can't help but notice how something designed to reflect light out would be a bad decision given how William Street neighbors the new theatre building.

It's hard to say now if this will be an issue down the road, though it seems likely that this design could pose a risk to drivers passing the building. Also, considering the neighborhood around it, it makes you wonder what the homeowners neighboring the new theatre building think. I'm sure all the extra traffic from both people and vehicles could be annoying to the homeowners that were already there before. This would be a nonissue if the building wasn't facing outward.

The building also has a massive fly-tower which will house a lot of the machinery and pulleys for the main stage. This is probably one of the ugliest parts of the building as designers put zero effort into covering up or decorating the gigantic brick tower. I don't think it looks too bad from the street view.

However, from inside the main campus, it is a different story. Since the main campus is elevated, one of the first things we will see of the building is that fly tower. You would think that they would put more effort into that part of the building, considering how visible it is from the main campus.

When you consider the cost, it makes you wonder how this money could have been spent more wisely. For instance, Ball Hall is currently undergoing accessibility improvements that could greatly improve the lives of the students who currently reside there. Perhaps that money could have been better spent in speeding up those improvements, rather than going toward the new theatre building.

The construction of this building also led to the demolition of the nearly 100-year-old Brent House. They cited the cause as water damage, foundation and roof issues. They concluded that these repairs would have been too costly, justifying the demolition of the building.

I may be biased as a historic preservation student, but I can't be alone with the thought that I would have rather seen that money go toward protecting and preserving this historic building rather than the theatre building, considering the design we got out of it.

In all, I am excited for the theatre department and I truly hope they enjoy their new building and make the most of it. They've needed it for a long time and they have finally got it. It just sucks to see the design we got out of it.

It feels like every day on this campus the university is trying harder and harder to destroy the identity of our campus that we have fought to preserve for so long. While I would like to believe there is still time to improve the building's design, I fear it is already too late and we're stuck with the design we have.



While demolishing a mold-ridden building is expected, blatant sight pollution strips campus of its charm. *Photo courtesy of Ella Cordle*

Personal Essay: School assignments may have strict deadlines, but processing your grief shouldn't

TATYANA RIVERA
Staff Writer

June 17, 2026, was the day my life changed. I woke up and started my day like every other typical morning. I brushed my teeth, washed my face and put my clothes on for the day, but I never left home.

My little sister's name was Leila Guillory. She needed a lot of care this particular day, which was something I had managed before. However, what was supposed to be a normal routine quickly became a memory from a day I'd never forget.

Leila's hospice nurse announced her time of death that afternoon. My world was fractured and yet, for some reason, all I could think about was informing my professors. I was facing finals week for one class, with the start of another class soon beginning.

I didn't have the answers. I wasn't sure what to say or ask my professors or how much time I needed to grieve. I didn't even know what grief looked like, let alone its implications for whether I could still be a successful student.

A week after my sister's passing, I found myself back in the classroom. I was sitting in class, but I wasn't present. My pencil was heavy and my notebook remained blank for the entire lecture. Around me, college life went on as usual, leaving me behind to figure out how to move forward.

Turns out I'm not alone in this grief. A 2021 bereavement study published in Death Studies surveyed 969 students and found that 42% reported losing a family member or friend within the past 24 months. This research is one of many that have found grief to be common among college students.

Despite being a relatively common experience among college students, the complex nature of grief is often difficult to recognize and uncomfortable to discuss, limiting the awareness of challenges and support a student might need.

The American Psychological Association defines grief as "the anguish experienced after significant loss."



Grief is a part of life, but not the classroom. At least, that's what Rivera once thought. *Tatyana Rivera / The Weekly Ringer*



Resources like the Talley Center can offer students additional support while they grieve. *Tatyana Rivera / The Weekly Ringer*

Yet, for me, this seemed like such a simple definition for such a heavy feeling. I didn't just feel "anguish." Of course I was sad, but I was also in shock from the sudden derailment of my life, confused about how to move forward and angry for having to endure this. There just aren't enough words to describe grief.

Grief is complex—it comes in different forms and there's research that backs it. To start, there are different types of grief. For example, anticipatory grief is one of the many kinds of forms grief comes in. The Cleveland Clinic Organization defines anticipatory grief as an expectation of mourning, months or even years before the loss occurs. This expectation is identified as a coping mechanism to help prepare for the predicted distress.

I resonate with this form of grief the most. I was loving my sister in the present, but already missing her in the future. Now, less than 3 months later, I still see glimpses of her throughout my day. Sometimes I see her in her favorite color or in the smell of a familiar perfume. But that kind of grief didn't necessarily feel like it fit in the classroom setting.

"I think the most important thing to remember is that there's no right or wrong way to grieve," said Associate Professor of Psychological Science Dr. Virginia Mackintosh.

Mackintosh explained how grief is deeply personal and inherently unpredictable.

"You're going through your day, something triggers it and suddenly, it's the only thing you can think of and it makes it really hard to concentrate on anything else," said Mackintosh.

Past studies in neuropsychological research of grief have determined specific cognitive effects. A study done in 2022 by Psychosomatic Medicine inferred that subjects with complicated (extreme) grief performed poorly on cognitive tests compared to those with non-complicated grief and the non-bereaved.

While grief made it hard to think, my professors were extremely helpful. I received accommodations that allowed me to be home with family, process my initial feelings to the best of my ability and re-prepare for the mental load of college.

For many professors, including Mackintosh, supporting a grieving student means being willing to check in and listen to what they may be going through.

"I would want to check in with them and just see how they're doing," said Mackintosh. "Just try to be open to what they're experiencing and let them know that I understand they're going through a difficult time and that if they need extra support, that those are available."

According to the Director of the Talley Center, Dr. Chad Sims, additional accommodating resources are offered at the center for grieving students.

"One of the cool things about the Talley Center is we choose to work at counseling centers because we really are passionate about helping students," said Sims.

Sims emphasizes the wide range of services provided, such as same-day crisis sessions, consultations, goal-oriented individual therapy, group therapy and specialist referrals.

Additionally, Sims mentioned UMW's collaborations with TimelyCare and their 24/7 crisis line, CrisisNow that grants students access to direct information about self-care, counseling services and licensed clinicians in emergencies.

Looking back, I think UMW's resources could have been beneficial to me, but I simply wasn't aware of what was available at the time. Knowing what I know now, reaching out to UMW could have provided another source of community and advocacy during a difficult time.

While there may not be a simple solution, grief can become more manageable when students have the support, resources and understanding to navigate it.

"Be gracious towards yourself," said Sims. "I can't tell you how many times, with myself even or talking with others, that we're like, 'Oh, I'm actually not really crazy. I'm just grieving.'"

I think about my sister every day. To most people, she is seen as a warrior who persevered through a difficult time, but to me, she was just my little sister. She loved Spider-Man, building LEGO sets and any animal you could think of. Her death didn't just disrupt my life for a moment, but for a lifetime.

I have learned as a grieving student that you don't necessarily "move on" from grief, but you learn to move with it. You can grieve in class, in the cafe, in your dorm or even while out with friends. It is a never-ending, yet ever-changing emotion.

FXBG Rescue Squad responds to calls with help from UMW

ONNOLEE SLATEN
Staff Writer

By day, they have their jobs, families and education. That is, until they clock in and receive a call, until someone needs them. Then, the Fredericksburg Rescue Squad comes running.

The Fredericksburg Rescue Squad is a non-profit volunteer organization that provides safety and medical services to the city of Fredericksburg. Beyond emergencies, they also provide safety education to the public, professional training to members and medical standby for Fredericksburg events.



The organization that originally started out of a converted laundry van has become the heroic safeguard of the city for over eight decades. *@fxbgrescue / Facebook*

Founded in 1940, this squad has maintained a reputation of dedication and trust for over eight decades. Jacob Parcell, chief and president of the organization, is responsible for all operational and administrative functions of the agency.

"Our first ambulance was a converted laundry van," says Parcell. "All of the members had to bring their own equipment. From there, it's been the same iteration of dedication toward what is right for our patients."

The FRS has continuously played a role in maintaining safety on UMW grounds, Parcell states. Providing extra support at events like commencement.

"We support the UMW commencement every year and go through all kinds of emergency planning for their athletic events," says Parcell.

Along with preventative measures, the organization responds to medical emergencies from common to life-threatening.

"We see everything from broken bones and lacerations, all the way to cardiac arrest and other life-threatening emergencies," Parcell states.

Beyond what the organization has done for UMW as a whole, many students have joined the Rescue Squad as members.

"UMW has been a core part of our history and a core part of our membership over the years, with past chiefs, assistant chiefs and EMTs being UMW alumni," Parcell said.

For UMW alumnus Eric Haas, his path to the Rescue Squad began while he was still a student.

After hearing about the opportunity from a friend, all it took was one ride-along with the squad for him to realize that this was the kind of work he wanted to pursue in the future.

"I was blown away. I immediately signed up and filled out my application," he said.

Now nearly 25 years later, Haas made his way back to the squad, now serving as Operations Captain.

"It's kind of fulfilling because I've come back to my roots where I started as a provider, and now I'm the one who is helping to train the next generation of volunteers for the community," said Haas.

A handful of UMW students currently serve as members, including sophomore biomedical sciences major Corinne Supon, an EMT student who has recently joined the Rescue Squad. Some of her duties include supply management, participating in ride-alongs and assisting when extra hands are needed.

"Hopefully, I pass my exam in about two weeks. Then I will be able to take vitals and help more, you know?"

Supon is training to be an EMT, but the Rescue Squad provides a diverse array of opportunities for anyone willing to volunteer.

"We can get them set up for an EVOC class, which is a class that teaches them to drive the ambulance," says Parcell. "We also have opportunities to help out on the administrative side. This is more for accounting, marketing and business students."

Supon decided to join the squad in part to gain experience and help others.

"My mother had a very bad emergency where she needed first responders and their quick decision-making was what definitely saved her life," she said. "Knowing I can help people in the way that others can't feels like I'm putting something back into the world."

When asked what she likes most about being a member, Supon says the relationships she's built are one of the biggest perks.

"I personally love the friendships that I've made," Supon continued. "Everyone truly has the biggest heart there, like they're choosing to give up a lot of time to be a part of it."

However, friendship is not the only thing the Rescue Squad offers its members.

"The biggest thing I get from this is helping out those who wouldn't get aid or are really struggling," Parcell said. "We're able to be there in their darkest moments when they need help the most."

Still, despite its upsides, Supon expresses anxiety about the emotional toll of the job.

"My teacher is always saying the hardest thing you'll ever have to do is rescue a kid. So hopefully, that never happens. I will be prepared for it still."

In regard to the mental strain that may come with difficult calls, members can go to peer specialists for help.

"We partner with the Fredericksburg Fire Department, who have mental health specialists. They help us process tough calls and go back to normal life," states Parcell.

This organization understands and is willing to accommodate anyone with a busy lifestyle, Parcell says.

"I've gone to school, gotten my undergraduate and master's degree, all while volunteering here."

Students interested in joining the Fredericksburg Rescue Squad can find application information at https://fxbgrescue.org/.

Chloe McCann contributed to the reporting of this article.



With each call that comes in, the FXBG Rescue Squad responds with the help of certified volunteers, many of whom currently attend or previously attended UMW. *@fxbgrescue / Facebook*

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Talley Center now offering new 24/7 crisis line for students



Students now have access to a 24/7 crisis line through the Talley Center as part of a new initiative. *Anna Goodman / The Weekly Ringer*

MEREDITH MORRIS
Staff Writer

The University of Mary Washington has joined other Virginia institutions by installing a school-centered crisis line that can be accessed 24 hours a day, 365 days a year.

"When you call in, it lets you know you can get connected to a licensed professional who specializes in crisis care within moments," Dr. Chad Sims, director of the Talley Center, said.

The Talley Center is located in Lee Hall, room 106 and at the Tyler House. The Talley Center offers group or individual therapy sessions, single sessions, education outreach sessions and crisis intervention sessions during its business hours. Now, with UMW's partnership with TimelyCare and CrisisNow, 24/7 care is now available from anywhere, extending mental health support and opening accessibility to anyone worried about asking for help in-person.

"As you're getting connected, it lets you know what the limitations of confidentiality are. They will need to know your name and where you're located, because in the case of an emergency, they will be able to get to you and get resources to you," Sims continued.

Similar to 988, the United States countrywide suicide and crisis lifeline, UMW's crisis line supports students at any time, from anywhere.

UMW's CrisisNow hotline provides students with comfort and de-escalation tactics in any type of crisis.

"Call that number, dial one and it'll get you directly connected to CrisisNow," Sims emphasized.

"It can sometimes be very scary, but sometimes it's not, right? But we are here to support. We're here to help," Sims continued.

The Talley Center has always offered support to students in crisis through crisis intervention appointments during its business hours, 8 a.m. to 5 p.m.

If a crisis happened outside business hours, students were referred to RAs and university police, who assessed whether an individual was a danger to themselves or others, which often ended in a non-negotiable hospital stay.

According to the American Psychological Association, 84 % of US adults think the term "mental illness" still carries a stigma.

Students at UMW believe this to be true across campus.

"I feel like there's a lot of stigma around mental health and some people might not want to seek in-person help, like in-person therapy and all that, because they don't want to make it feel public," Jourdan Meckle, a senior environmental science major, said.

Some students expressed their need for support when experiencing a crisis with a friend.

"I feel like a crisis line would be more beneficial because something that I have experienced a lot is people not knowing how to report one of their peers, not feeling comfortable going to an RA or talking to them themselves and kind of feeling they're betraying their friend," said Annie Fleck, a senior biomedical science major.

Sims explained that the new crisis hotline can be used under varying circumstances.

"I feel like there's a lot of stigma around mental health, and some people might not want to seek in-person help."

– Jourdan Meckle

"This line just doesn't have to be for a person who is in crisis. If you're with a friend, or know of someone who is in crisis, you can always call. Or if you have a question about something you're not quite sure about, you can use this number," Sims stated.

UMW students emphasized their want for support after a crisis, which a national crisis line like 988 cannot provide.

"UMW having their own personal line could be beneficial because then after a crisis call, if a student wanted, they could get in contact with a therapist at the school to follow up on any issues they might be having versus like a national line," Meckle said.

"This line doesn't have to be for a person in crisis. If you're with a friend, or know of someone who is in crisis, you can always call."

– Chad Sims

"My hope is that the new crisis line talks to students about their crises rather than sending them directly to the hospital or to be seen by police, which can make people super intimidated, rather than feeling supported," said Fleck.

UMW students expressed a desire for improved mental health support and outreach across campus, as many said they did not know about most Talley Center resources.

"I think it'd help students across campus if the Talley Center counselors spoke to students more, maybe through different means of outreach and explained more about the Talley Center and what support it offers," stated sophomore Ellie Huber.

Students also expressed their want for other mental health resources on campus, along with increased communication from the Talley Center following crisis calls and appointments.

"I don't know if we have this, but when I went to VCU, we had a psychiatrist on campus. I feel like having a psychiatrist on campus at UMW could also help. That way, it's not just like, 'Oh, I have a problem.' Here are my problems and here are like solutions to the problems," said Meckle.

"I think that's another thing that has been an issue in the past is when people have like have a crisis, even though they're kind of reported to the Talley Center and they're aware of them, they'll reach out and say, 'Hey, check in with us if you need to.' But making sure that they are checked in on several times and keeping an eye on them is more beneficial," Fleck said.

Information regarding CrisisNow is located through UMW's Talley Center on students.umw.edu.

The CrisisNow Hotline is accessible through the Talley Center's main phone number: 540-654-1053.

Crime Column

MEAGHAN VAN DYKE
News Editor

The Crime Column is based on UMW Police reports from Sept. 2 to Sept. 9.

There has been no crime reported since The Weekly Ringer's last publication on Sept. 4.

From the hardwood to Nationals Park: Celebrating a recent championship

NICHOLAS CHAMBERS
Staff Writer

On Aug. 8, the UMW men's basketball team was honored at Nationals Park in Washington, D.C., for their historic Division III National Championship victory.

Fresh off a championship season, members of the team were given the opportunity to experience Major League Baseball from a perspective most fans never get to see.

"We walked right past the opposing locker room," junior business administration major and forward Colin Mitchell said. "We were within feet of Major League Baseball players and had the privilege of seeing on-field operations before a game."

The team enjoyed a tour of the Nationals facilities, full pregame on-field access, team jumbotron introduction and recognition by the Nationals public address announcer, Jerome Hruska.

"I haven't been to a Nats game since I was younger, so it was an amazing experience to be on the field with my teammates," said junior kinesiology major and forward Owen Pottenburgh.

The Eagles also received an unexpected welcome from former UMW baseball alum, class of 2016 graduate James Keller, who serves as the bullpen catcher for the opposing team, the Cincinnati Reds. Keller was a .372 lifetime batting average hitter with over 150 career hits in his three-year career with the Eagles.

Mitchell said the former Eagle came over and spoke with the group about his experience as a UMW athlete before the team continued its day at Nationals Park.



Kye Robinson helped lead the men's basketball team to victory last spring. *@umw_mensbasketball / Instagram*



The UMW men's basketball team met the Nationals baseball team in D.C. *@umw_mensbasketball / Instagram*

Once the game began, the team moved to their seats in right field, where they were joined by UMW alumni, students and supporters who came out after seeing the event promoted by Mary Washington's social media channels.

The Nationals trip provided a chance for the Eagles to celebrate what they accomplished last season, but Mitchell and the rest of the team are already focused on what comes next.

"Our mindset is new team, new us," Mitchell said. "We have to continue with that mindset throughout this fall."

Part of that new identity will come with a slightly different coaching staff.

The Eagles lost assistant coaches Chris Lomax and Mark Sansone during the offseason; however, both departures came as a result of new opportunities.

Lomax accepted a high school head coaching position, while Sansone became the head coach at Maryville College, another Division III program.

UMW responded by bringing in two new assistant coaches with Division III experience, giving the Eagles a new dynamic heading into the season. They also brought in four new freshmen and one transfer student to accommodate their roster turnover.

"I think they're gonna fit in perfectly. I look forward to them experiencing what it is like to play UMW basketball at Ron Rosner Arena," Mitchell said.

Perhaps the biggest boost for the Eagles, however, is the return of the 2026 NCAA Division III Men's Basketball Tournament Most Outstanding Player, junior business administration major and point guard Kye Robinson.

Robinson is the Eagles' leading scorer and also achieved multiple UMW single-season records, including season total and points per game, field goals and free throws.

Robinson is back at UMW after initially appearing unlikely to return due to entering the transfer portal. His presence gives the Eagles increased stability to make another title run in 2027.

"I decided to come back because of the community at Mary Washington, having a chance to make history once again with a back-to-back national championship run. I also have hopes of getting my jersey retired when I graduate," Robinson said.

As the Eagles prepare for another season, Mitchell isn't focused on individual statistics or personal recognition. Instead, he believes the formula that helped UMW succeed last season actually starts in the summer.

"Over the summer, you train, lift, all that stuff," Mitchell said. "For me, I worked at basketball camp, so I was kind of immersed in basketball and playing, shooting every day. So that part was really helpful."

The physical work was only one part of the equation, as the team also began preparing mentally for the season ahead.

"I've been focusing on getting stronger and faster this offseason, as well as really transforming my mindset. I believe your mind is stronger than your body and I feel like that anchored me to my historic season last year," said Robinson.

The Eagles returned to campus last month, holding their first team meeting and getting back on the court for pickup games. While the championship will be celebrated later this fall with a banner night on Nov. 7, the new team is unified by one goal: to repeat as DIII National Champions.

"Our mentality going into the first week of school was to be proud of our accomplishments from last season; however, we know that a new season is coming and we have to bring in more energy and focus in order to lock in for the season," said Pottenburgh.

University of Mary Washington
Fall Sports Schedule

ANNA GOODMAN
Sports Editor

Women's Soccer (1-1)
Sept. 12 vs Methodist University
Sept. 16 at St. Mary's College of Maryland

Men's Soccer (3-0)
Sept. 12 vs Washington College
Sept. 16 vs University of Lynchburg

Women's Rugby (0-0)
Sept. 13 at University of Maryland
Sept. 19 at George Washington University

Men's Rugby (0-0)
Sept. 19 vs Navy
Sept. 26 at Mount St. Mary's
Oct. 3 at Life University

Field Hockey (2-0)
Sept. 12 at Shenandoah University
Sept. 16 vs Batten University

Women's Volleyball (1-2)
Sept. 12 vs Susquehanna University
Sept. 12 vs Penn State Harrisburg

Equestrian (0-0)
Sept. 27 at Sweet Briar College

Women's Tennis (0-0)
Sept. 18-20 at Bill and Sandra Moore Invitational

Men's Tennis (0-0)
Sept. 11-13 at Navy Invitational

Cross Country
Sept. 19 at South Region Preview

Games are available to watch via livestream on the UMW Athletics webpage www.eagles.com/composite

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Full schedule not listed above. Most recent games included. **Bold** indicates home game.